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| Subject: Physical Education   | Year group: Year 4   | Topic: icommunictae Social Skills & Teamwork  | Initiation & activation activities: |
| <p>Prior knowledge required: they are able to:<br/> master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities<br/> participate in team games, developing simple tactics for attacking and defending<br/> perform dances using simple movement patterns.</p>   |  | Vocabulary: rhythm, beat, send, receive, Cheer Basic Positions": <i>Ready Stance, Broken T and T, Touch Down (High and Low), High V and Low V, Liberty, Archer, posture, Motion Drill - High Touchdown, High V, Diagonals, Cheer Lead Bow and arrow, Tilted bow, Triplets, overarm, underarm, intercept, defend, pass, catch, roll, send, receive</i> |                                     |
| Programme of Study  | Implementation:  | Impact –lesson sequence:  | Evaluations and assessments:        |
| <ul style="list-style-type: none"> <li>use running, jumping, throwing and catching in isolation and in combination</li> <li>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> </ul> | <ul style="list-style-type: none"> <li>Can they show patience and help others by listening and giving constructive feedback.</li> <li>Can they use communication to praise others, share ideas and guide groups through tasks.</li> <li>SEN/support - Can they offer help to others, and encourage them through praise.</li> <li>Can they show patience and support for others by listening carefully to them about their work.</li> <li><b>GD</b> - Can they cooperate and communicate effectively with others and give constructive feedback.</li> <li>Can they count out the phrases of 8 counts within the music on the regular beat; balance with a partner.</li> <li>Can they move, with a partner, in time to the music demonstrating an awareness of rhythm and phrasing</li> <li>Can they combine partner balance skills with more complexity, confidence and precision.</li> </ul> |   |                                     |

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| <ul style="list-style-type: none"> <li>perform dances using a range of movement patterns</li> <li>take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul> <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p> | <ul style="list-style-type: none"> <li>Can they demonstrate the correct technique for catching and throwing to ensure a catch is successful.</li> <li>Can they demonstrate the correct technique for passing whilst evading opponents.</li> <li>Can they demonstrate the correct technique for passing whilst evading opponents at speed.</li> <li>Can they demonstrate competence and confidence in the Fundamental Movement Skills: Strength &amp; Balance - Counter Balance with a Partner; Coordination -Send &amp; Receive</li> </ul> |  |  |
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