

Subject: Physical Education	Year group: Year 3	Topic: icommunicte Social Skills & Teamwork	Initiation & activation activities:
<p>Prior knowledge required: they are able to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.</p>		Vocabulary: target, opponent, teammate, high, medium, low, goal, interfere, evade, defenders, posture, Motion Drill, High Touchdown, High V, Diagonals, Liberty, Archer, beat, phrase, rhythm,	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team 	<ul style="list-style-type: none"> • Can they support others by listening carefully and offering useful feedback • Supported/SEN - Can they help, praise and encourage others to do well. • Can they show patience, and support others by listening carefully to them about their work. • GD- Can they cooperate well with others, listen attentively and give helpful, targeted feedback. • Can they demonstrate the correct technique for catching and to understand how we bowl/throw to ensure a catch is successful. • Can they demonstrate the correct technique for passing whilst evading opponents • Can they repeat movement skills, including: travelling, turning, jumping, balance and counter balance. • Can they combine travelling and turning and counter balance skills, with some complexity and confidence. • Can they express an idea in an original way. 		

<ul style="list-style-type: none">• compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>			
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