

Subject: Physical Education	Year group: Year 4	Topic: icreate Creativity & Adaptation	Initiation & activation activities:
<p>Prior knowledge required: they are able to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.</p>		Vocabulary: balance, coach, support, trainee, fluidly, forwards, backwards, balance, sideways, bounce, footwork, coordination, posture, strength, challenge circuit	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team 	<ul style="list-style-type: none"> • Can they compare own movements to others and create new rules for activities. • Can they spot the similarities and differences in completion of an activity, compared to a friend. • SEN/Support - Can they compare their own movements and skills with those of others and see what they can improve. • Can they create new rules and adapt versions of activities they know. • GD - Can they develop sequences of movements that link, showcasing their ideas effectively. • Can they balance and control while travelling over equipment and apparatus. • Can they show balance and control while travelling in a line over apparatus, using equipment. • Can they show balance and control while travelling over equipment and apparatus. • Can they balance on one leg without falling over. • Can they show control, dexterity, balance and strength while standing on one leg. • Can they demonstrate confidence and competence in the Fundamental Movement Skills: Locomotion - Balance on a Line; Strength & Balance - One Leg Balance 		

<ul style="list-style-type: none">• compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>			
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