Subject: Technology	Year group: Year 3	Topic: Cooking & Nutrition	Initiation & activation
and, where appropriate, information and of Make :select from and use a range of tools finishing); select from and use a wide range ingredients, according to their characterist Evaluate: explore and evaluate a range of of Technical knowledge: build structures, exp mechanisms, (for example levers, sliders, v	and equipment to perform practical tasks, (or example, cutting, shaping, joining and e of materials and components, including construction materials, textiles and ics existing products; evaluate their ideas and products against design criteria loring how they can be made stronger, stiffer and more stable; explore and use	Vocabulary:	activities:
Programme of Study*	Implementation:	Impact –lesson	Evaluations and
 Design use research and develop design criteria to inform the design of innovative, functional, appealing products that are fit for purpose, aimed at particular individuals or groups generate, develop, model and communicate their ideas through discussion, annotated sketches, cross-sectional and exploded diagrams, prototypes, pattern pieces and computer- aided design Select from and use a wider range of tools and equipment to perform practical tasks, such as cutting, shaping, joining and finishing, accurately select from and use a wider range of materials and components, including construction materials, textiles and ingredients, according to their functional properties and aesthetic qualities 	 Cooking and nutrition Can they choose the right ingredients for a product? Can they use equipment safely? Can they make sure that their product looks attractive? Can they describe how their combined ingredients come together? Can they set out to grow plants such as cress and herbs from seed with the intention of using them for their food product? Developing, planning and communicating ideas Can they show that their design meets a range of requirements? Can they put together a step-by-step plan which shows the order and also what equipment and tools they need? Can they describe their design using an accurately labelled sketch and words? How realistic is their plan? Working with tools, equipment, materials and components to make quality products Can they use equipment and tools accurately? 	sequence:	assessments:

Evaluat	_
•	investigate and analyse a range
	of existing products
•	evaluate their ideas and
	products against their own
	design criteria and consider the
	views of others to improve
	their work
•	understand how key events and
	individuals in design and
	technology have helped shape
	the world
Technic	al knowledge
•	apply their understanding of
	how to strengthen, stiffen and
	reinforce more complex
	structures
•	understand and use mechanical
	systems in their products, (for
	example as gears, pulleys,
	cams, levers and linkages)
•	understand and use electrical
	systems in their products, (for
	example series circuits
	incorporating switches, bulbs,
•	buzzers and motors)
•	apply their understanding of
	computing to programme, monitor and control their
	products.
Cooking	and Nutrition
•	understand and apply the
	principles of a healthy and
	varied diet
•	prepare and cook a variety of
	predominantly savoury dishes
	using a range of cooking
	techniques
•	understand seasonality, and
	know where and how a variety
	of ingredients are grown,
	reared, caught and processed.

• 50% of this programme of study is taught in Years 5 and 6