<table>
<tr><td>Subject: Physical Education</td><td>Year group: Year 4</td><td>Topic: Games Striking and Fielding</td><td rowspan="2">Initiation & activation activities:</td></tr>
<tr><td colspan="2">Prior knowledge required: they are able to:
master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
participate in team games, developing simple tactics for attacking and defending
perform dances using simple movement patterns.</td><td>Vocabulary:</td></tr>
<tr><td>Programme of Study</td><td>Implementation:</td><td>Impact –lesson sequence:</td><td>Evaluations and assessments:</td></tr>
<tr><td>• use running, jumping, throwing and catching in isolation and in combination
• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
• perform dances using a range of movement patterns
• take part in outdoor and adventurous activity challenges both individually and within a team
• compare their performances with previous ones and demonstrate improvement to achieve their personal best.
SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE</td><td>• Can they select and use the most appropriate skills, actions or ideas?
• Can they move and use actions with co-ordination and control?
• Can they make up their own small-sided game?
• Can they explain how their work is similar and different from that of others?
• Can they use their comparison to improve their work?
• Can they explain why warming up is important?
• Can they explain why keeping fit is good for their health?

• Can they catch with one hand?
• Can they throw and catch accurately?
• Can they hit a ball accurately and with control?
• Can they keep possession of the ball?
• Can they move to find a space when they are not in possession during a game?
• Can they vary tactics and adapt skills according to what is happening?</td><td></td><td></td></tr>
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SCHOOL			