

Subject: Physical Education	Year group: Year 4	Topic: itthink Reasoning & Solving	Initiation & activation activities: Sports Day
<p>Prior knowledge required: they are able to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.</p>		Vocabulary: personal best, balance - <i>tuck, star, dish, straddle and pike</i> , hand-eye/foot - eye coordination, teamwork, communication, multitask, tactics, rules, core strength, defend, attack,	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team 	<ul style="list-style-type: none"> • Can they evaluate their own performance and begin to prioritise tactics in gameplay. • Can they explain what is going well, how to do it, and how to do more than one thing at once. • SEN/Support Can they begin to prioritise tactics and instructions to improve gameplay. • Can they evaluate their own performance, focussing on what is being done well. • GD - Can they understand how to critique a performance and offer advice. • Can they multitask activities within a game, maintaining balance, coordination and movement of equipment. • Can they maintain balance by tightening the core and holding form. • Can they show control over bodily movements while passing equipment. • Can they multitask during activities, incorporate tactical thinking and maintain balance. • Can they demonstrate confidence and competence in the Fundamental Movement Skills: Agility & Fitness - Equipment Tracking; Strength & Balance - Seated Balance 		

<ul style="list-style-type: none">• compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>			
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