

PSHE

Health and well-being – Healthy Lifestyles

- understand what positively and negatively affects their physical, mental and emotional health (H1)
- understand how to make informed choices and to begin to understand the concept of a 'balanced lifestyle' (H2)
- make my own choices about food, understanding what might influence my choice and the benefits of eating a balanced diet (H3).
- understand how images in the media (and online) do not always reflect reality and can affect how people feel about themselves (H4).
- reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals (H5).
- understand that bacteria and viruses can affect health (H12)

French

Sporting Lives Different sports. Favourite sport? Make a sports diary. Foods in French and make a healthy meal.

History

Ancient Greece: – Who were the Greeks and when in history were they around? The legacy of the Greeks e.g. what things did they invent? How have shaped life today?

Geography

Geographical Enquiry: Where do we live? Continents of the world and in detail Europe. What is the difference between the British Isles, Great Britain and the UK? What are the capital cities of England, Scotland, Wales, Ireland and Northern Ireland?

Art

Artist study - Andy Warhol (Pop art using bright reflective colours). Link to healthy topic and use fruit and vegetables and famous 'Soup' picture. Recreate our own 3D pictures using food labels.

Literacy

Fiction – Dragons (4 weeks)

Read 'The Egg' by M Robertson and write own stories based on this

Non- Fiction – Create an information booklet about staying healthy

Hook: We have been contacted by the local council who would like us to help children lead healthy lifestyles.

Theme/Topic: Healthy Mind and Body

End experience: 25th Sept – National Fitness Day.



Numeracy

Weeks 1 to 5: Place Value

Find 1000 more or less than a given number. Recognise the place value of each digit in a four digit number (thousands, hundreds, tens and ones) Order and compare numbers beyond 1000. Identify, represent and estimate numbers using different representations. Round any number to the nearest 10, 100 or 1000. Solve number and practical problems that involve all of the above and with increasingly large positive numbers.

Count backwards through zero to include negative numbers.

Week 6 and 7: Addition and Subtraction

Add and subtract numbers with up to 4 digits using the formal written methods of columnar addition and subtraction where appropriate. Estimate and use inverse operations to check answers

Science

Animals including Humans:

Identify and name the basic parts of the digestive system in humans

Describe the simple functions of the basic parts of the digestive system in humans

Identify the simple function of different types of teeth in humans

Compare the teeth of herbivores & carnivores

Explain what a simple food chain shows

Construct and interpret a variety of food chains, identifying producers, predators and prey

Design Technology

Cooking and Nutrition

* Design and make a healthy snack such using a recipe which they adapt. Design and make the packaging for their new product.

Computing

Algorithms

Program and coding – hour of code

Start with Daisy Dinosaur and progress to Scratch

Use 360 to complete 2Code. TV chef – Make own TV chef program about healthy foods using the iPads.

R. E.

Christianity-Unit 1 God The Holy Spirit

Islam- Unit 2 Lifestyles Introduction to Islam. *What makes Muslim lifestyle distinctive*

Music

Food and Drink Unit (Music Express)

Environment (Music Express)

PE

Netball