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| Subject: Physical Education | Year group: Year 1 | Topic: Fundamental Movement Skills | Initiation & activation activities: |
| Prior knowledge required: Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively. | | Vocabulary: | |
| Programme of Study | Implementation: | Impact –lesson sequence: | Evaluations and assessments: |
| <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • participate in team games, developing simple tactics for attacking and defending • perform dances using simple movement patterns. | <ul style="list-style-type: none"> • Can they copy actions? • Can they repeat actions and skills? • Can they move with control and care • Can they talk about what they have done? • Can they describe what other people did? • Can they describe how their body feels before, during and after an activity? • Can they throw underarm? • Can they roll a piece of equipment? • Can they hit a ball with a bat? • Can they move and stop safely? • Can they catch with both hands? • Can they throw in different ways? • Can they kick in different ways? | | |