

Subject: Physical Education	Year group: Year 4	Topic: Games Rugby	Initiation & activation activities:
Prior knowledge required: they are able to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.		Vocabulary:	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul> <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>	<ul style="list-style-type: none"> <li>• Can they select and use the most appropriate skills, actions or ideas?</li> <li>• Can they move and use actions with co-ordination and control?</li> <li>• Can they make up their own small-sided game?</li> <li>• Can they explain how their work is similar and different from that of others?</li> <li>• Can they use their comparison to improve their work?</li> <li>• Can they explain why warming up is important?</li> <li>• Can they explain why keeping fit is good for their health?</li> <li>• Can they catch with one hand?</li> <li>• Can they throw and catch accurately?</li> <li>• Can they hit a ball accurately and with control?</li> <li>• Can they keep possession of the ball?</li> <li>• Can they move to find a space when they are not in possession during a game?</li> <li>• Can they vary tactics and adapt skills according to what is happening?</li> </ul>		

